

Ingredients for Spectacular Individual Success

Think of spectacular success as a plant of your choice. Choose the climate that suits your plant, and it will thrive. Place your seed in the proper soil, and it will thrive. Feed your plant with the appropriate nutrients, and it will thrive. Water your plant in the proper amount, and it will thrive. Provide your plant with the right amount of sunlight, and it will thrive. Give your plant too little of one ingredient, and it will weaken. Deny your plant one of the ingredients, and it will die.

Planting requires effort. Seeds require time to sprout. Watering and feeding require effort. Sprouts require time to mature. Weeding requires effort. Buds require time to bloom. Pruning requires effort. Fruit requires time to ripen. Spectacular success requires effort, time, and patience.

Begin your path to spectacular success with a balance that includes each ingredient, adjust the balance as your plant develops, and enjoy watching your plant grow.

Climate = Situational Ingredients

Soil = Organizational Ingredients

Nutrients = Financial Ingredients

Water = Emotional Ingredients

Sunlight = Relationship Ingredients

Ingredients for Spectacular Individual Success

- 1 ingredient focuses on self
- 2 ingredients focus on tasks
- 9 ingredients focus on working with other people
- 14 ingredients focus on satisfying other people

Individuals can use these ingredients for both personal success and professional success. Adapt the ingredients for spectacular success and these worksheets to your needs and interests.

At various places in the instructions, you will see this statement:

Refer to the behavior style and value information

DISC behavior style and Spranger value information is in a free PDF download from the website below. The information can help you satisfy behavior style needs and value passions.

smilessparksuccess.com
S&R_Keys.pdf

The book *From Pyramids To Circles: Shaping Groups to Succeed* will help you understand a variety of issues for groups and organizations. Projected publication is 2013.

These worksheets are based on the documentary, *Renewing Energies: The Ingredients for Spectacular Success**, about the Midwest Renewable Energy Association (MREA) and its annual renewable energy fair. References to the MREA are occasionally made in the instructions.

In everyday life, spectacular success would not come from using these ingredients as steps to follow one after the other. For instance, the organizational ingredients are listed before the financial ingredients. However, Financial Ingredient #3 (Satisfying needs and interests) has to take place before Organizational Ingredient #6 (Changing to meet changing needs) is possible. The organizational ingredients are listed before the financial ingredients because the MREA was able to increase its financial success in large part because of the time and energy they put into organization. In everyday life, many of these ingredients would overlap in a variety of ways.

Fill out any worksheet that is appropriate for your small group.

Fill out the worksheets in the order that is most appropriate for your small group.

Check off each ingredient as you finish it.

Make as many copies of each worksheet as you need.

Use the blank worksheet at the end for more writing space.

* The documentary title is noted incorrectly in the MREA book, *"The Energy Fair: Getting Our Energy From the Sun for Twenty Years."* Paula M. Kramer is noted as Paula Kramer in the book.

Ingredients for Spectacular Individual Success

- _____ Situational Ingredient #1: Encompassing a variety of concerns
- _____ Situational Ingredient #2: Fitting actions into the current political context
- _____ Situational Ingredient #3: Working within a community base of supportive people, groups, and organizations

- _____ Organizational Ingredient #1: Drawing from different backgrounds, skills, and knowledge
- _____ Organizational Ingredient #2: Maintaining your own agenda with a clear vision
- _____ Organizational Ingredient #3: Putting time into organization
- _____ Organizational Ingredient #4: Pulling all the pieces together
- _____ Organizational Ingredient #5: Giving people reasons to keep coming back
- _____ Organizational Ingredient #6: Changing to meet changing needs
- _____ Organizational Ingredient #7: Surviving crises with information and preparation
- _____ Organizational Ingredient #8: Trusting and listening to seasoned participants
- _____ Organizational Ingredient #9: Surviving conflict with other people

- _____ Financial Ingredient #1: Raising enough money to get started and keep going
- _____ Financial Ingredient #2: Investing in effective management and staff
- _____ Financial Ingredient #3: Satisfying needs and interests
- _____ Financial Ingredient #4: Creating success for others

Ingredients for Spectacular Individual Success

_____ Emotional Ingredient #1: Creating your project out of your own
strong passions

_____ Emotional Ingredient #2: Giving people ways to act on their beliefs

_____ Emotional Ingredient #3: Appealing to the emotions of people who are
investing or donating money

_____ Emotional Ingredient #4: Giving people reasons to trust

_____ Emotional Ingredient #5: Creating fun for everyone who participates

_____ Relationship Ingredient #1: Starting from the relationship you have
with yourself

_____ Relationship Ingredient #2: Building on your relationships, past and present

_____ Relationship Ingredient #3: Redefining relationships by passing power
to others

_____ Relationship Ingredient #4: Renewing relationships for everyone
who participates

_____ Relationship Ingredient #5: Nurturing the relationship other people have
with themselves

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Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns

- a. Write a short description of each concern you already address.
- b. Describe the actions you already take to address each concern.
- c. Determine if you could improve the actions you take.
- d. Determine if you could take other actions to address each concern.
- e. Through evaluations, surveys, and talking to people, determine if they have any concerns you are not addressing.
- f. Identify any actions you could take to address these new concerns.

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 1 of 12)

a. Cultural concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 2 of 12)

a. Economic concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 3 of 12)

a. Educational concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 4 of 12)

a. Environmental concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 5 of 12)

a. Ethical concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 6 of 12)

a. Ethnic concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 7 of 12)

a. Legal concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 8 of 12)

a. Medical concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 9 of 12)

a. Political concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 10 of 12)

a. Professional concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 11 of 12)

a. Spiritual concern

b. Actions taken already

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #1: Encompassing a variety of concerns (page 12 of 12)

e. Other concern

f. Actions to take

e. Other concern

f. Actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #2: Fitting actions into the current political context

- a. Describe the current political context in terms of local, state, national, and international issues.
- b. Describe the actions you already take that fit into the current political context and address the issues.
- c. Determine if you could improve the actions you already take.
- d. Determine if you could take other actions that would fit into the current political context and address the issues.

Ingredients for Spectacular Individual Success

Situational Ingredient #2: Fitting actions into the current political context (page 1 of 4)

a. Local political context

b. Actions already taken

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #2: Fitting actions into the current political context (page 2 of 4)

a. State political context

b. Actions already taken

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #2: Fitting actions into the current political context (page 3 of 4)

a. National political context

b. Actions already taken

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #2: Fitting actions into the current political context (page 4 of 4)

a. International political context

b. Actions already taken

c. Ways to improve these actions

d. Other actions to take

Ingredients for Spectacular Individual Success

Situational Ingredient #3: Working within a community base of supportive people, groups, and organizations

- a. Identify the supportive people in your community base.

People possibilities include:

family members, friends, business owners, employees, customers, clients, professionals, teachers, students, school administrators, alumni, religious leaders, religious believers, community leaders, community members, volunteers, coaches, team members, sports fans, etc.

- b. Describe what you are already doing to involve supportive people in your activities.
- c. Determine if you could improve the ways you involve supportive people.
- d. Determine if you could involve supportive people in other ways.

- e. Identify the supportive groups and organizations in your community base.

Group and organization possibilities include:

businesses, professional organizations, schools, hospitals, clinics, local political groups, local government agencies, sports groups, religious organizations, volunteer organizations, charitable foundations

- f. Describe what you are already doing to involve supportive groups and organizations in your activities.
- g. Determine if you could improve the ways you involve supportive groups and organizations.
- h. Determine if you could involve supportive groups and organizations in other ways.

Ingredients for Spectacular Individual Success

Situational Ingredient #3: Working within a community base of supportive people, groups, and organizations (page 1 of 2)

a. Supportive people

b. Ways I am already involving supportive people in my activities

c. Ways to improve the involvement of supportive people

d. Other ways to involve supportive people

Ingredients for Spectacular Individual Success

Situational Ingredient #3: Working within a community base of supportive people, groups, and organizations (page 2 of 2)

e. Supportive groups and organizations

f. Ways I am already involving supportive groups and organizations in my activities

g. Ways to improve the involvement of supportive groups and organizations

g. Other ways to involve supportive groups and organizations

Ingredients for Spectacular Individual Success

Organization Ingredient #1: Drawing from different backgrounds, skills, and knowledge

In the documentary *Renewing Energies*, founding member Silver Niewiadomski talked about the importance of different backgrounds, skills and knowledge. I have added resources and connections. I have also switched the order of skills and knowledge because skills develop from both background and knowledge.

- a. List your background, knowledge, skills, resources, and connections. There are your characteristics of individuality.
- b. Identify the background, knowledge, skills, resources, and connections you do not have but would be useful to your success.
- c. Identify supportive people in your life who have the background, knowledge, skills, resources, and connections you do not have.

Ingredients for Spectacular Individual Success

Organization Ingredient #1: Drawing from different backgrounds, skills, and knowledge (page 1 of 6)

a. Characteristics of individuality

My background

My knowledge

My skills

My resources

My connections

Ingredients for Spectacular Individual Success

Organization Ingredient #1: Drawing from different backgrounds, skills, and knowledge (page 2 of 6)

b. Useful background

c. Supportive person with this background _____

b. Useful background

c, Supportive person with this background _____

b. Useful background

c. Supportive person with this background _____

b. Useful background

c. Supportive person with this background _____

b. Useful background

c. Supportive person with this background _____

Ingredients for Spectacular Individual Success

Organization Ingredient #1: Drawing from different backgrounds, skills, and knowledge (page 3 of 6)

b. Useful knowledge

c. Supportive person with this knowledge _____

b. Useful knowledge

c, Supportive person with this knowledge _____

b. Useful knowledge

c. Supportive person with this knowledge _____

b. Useful knowledge

c. Supportive person with this knowledge _____

b. Useful knowledge

c. Supportive person with this knowledge _____

Ingredients for Spectacular Individual Success

Organization Ingredient #1: Drawing from different backgrounds, skills, and knowledge (page 4 of 6)

b. Useful skill

c. Supportive person with this skill _____

b. Useful skill

c, Supportive person with this skill _____

b. Useful skill

c. Supportive person with this skill _____

b. Useful skill

c. Supportive person with this skill _____

b. Useful skill

c. Supportive person with this skill _____

Ingredients for Spectacular Individual Success

Organization Ingredient #1: Drawing from different backgrounds, skills, and knowledge (page 5 of 6)

b. Useful resource

c. Supportive person with this resource _____

b. Useful resource

c, Supportive person with this resource _____

b. Useful resource

c. Supportive person with this resource _____

b. Useful resource

c. Supportive person with this resource _____

b. Useful resource

c. Supportive person with this resource _____

Ingredients for Spectacular Individual Success

Organization Ingredient #1: Drawing from different backgrounds, skills, and knowledge (page 6 of 6)

b. Useful connection

c. Supportive person with this connection _____

b. Useful connection

c, Supportive person with this connection _____

b. Useful connection

c. Supportive person with this connection _____

b. Useful connection

c. Supportive person with this connection _____

b. Useful connection

c. Supportive person with this connection _____

Ingredients for Spectacular Individual Success

Organizational Ingredient #2: Maintaining your own agenda with a clear vision

A vision is an image of success.

- a. Write one sentence describing your image of success.

An agenda is a list of actions toward a goal (an image of success),
usually listed in the order they should be taken.

- b. Write a list of actions as your agenda for creating your image of success.
- c. Ask supporters from the list you created above what actions they would recommend you take for creating your image of success.
- d. Combine your actions and your supporters' suggested actions into a single agenda with actions listed in the order they should be taken.

Ingredients for Spectacular Individual Success

Organizational Ingredient #2: Maintaining your own agenda with a clear vision (page 1 of 4)

a. I see my image of success as

Ingredients for Spectacular Individual Success

Organizational Ingredient #2: Maintaining your own agenda with a clear vision (page 2 of 4)

b. My list of actions for creating my image of success:

1.

2.

3.

4.

5.

6.

7.

8.

9.

Ingredients for Spectacular Individual Success

Organizational Ingredient #2: Maintaining your own agenda with a clear vision (page 3 of 4)

c. My supporters' list of recommended actions for creating my image of success:

1.

2.

3.

4.

5.

6.

7.

8.

9.

Ingredients for Spectacular Individual Success

Organizational Ingredient #2: Maintaining your own agenda with a clear vision
(page 4 of 4)

- d. The lists combined into one agenda with actions in the order they should be taken:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Ingredients for Spectacular Individual Success

Organizational Ingredient #3: Putting time into organization

- a. Identify each process that needs to be organized.
- b. Determine how to organize each process.

In the documentary *Renewing Energies*, founding member BJ Welling talked about getting slide projectors and power cords where they were supposed to be ahead of time. When Christine Hulet was hired as the new director of the MREA, she could begin full time work just five months before the June fair. Christine was concerned about performing her job effectively. She discovered that the MREA had the process in place and could say to her, "This is what you do, this is what you send out, this is who you call."

Ingredients for Spectacular Individual Success

Organizational Ingredient #3: Putting time into organization

a. Process to organize

b. How to organize it

[illegible]

Ingredients for Spectacular Individual Success

Organizational Ingredient #4: Pulling all the pieces together

- a. Identify the separate pieces of the overall project, listing them as either task-oriented or people-oriented.
- b. Decide which pieces you can pull together effectively. For instance, if you are people-oriented, you will effectively pull together the people pieces. You may have trouble pulling together the task pieces effectively.
- c. Identify people who can guide you through pulling together the other pieces. For instance, if you are people-oriented, you need to identify task-oriented people who can guide you through pulling the task-oriented pieces together.

*Refer to the behavior style and value information
for ideas about which behavior styles will have insights into particular pieces.*

Ingredients for Spectacular Individual Success

Organizational Ingredient #4: Pulling all the pieces together (page 1 of 2)

a. People-oriented pieces of my project

Task-oriented pieces of my project

Ingredients for Spectacular Individual Success

Organizational Ingredient #4: Pulling all the pieces together (page 2 of 2)

b. Pieces I can pull together effectively:

c. People who can guide me through pulling the other pieces together:

Ingredients for Spectacular Individual Success

Organizational Ingredient #5: Giving people reasons to keep coming back

- a. Through evaluations, surveys, and talking to people, identify the reasons you give them to keep coming back.
- b. Look for ways to improve what you are already doing.
- c. Identify any other reasons you could give people to keep coming back.

Ingredients for Spectacular Individual Success

Organizational Ingredient #5: Giving people reasons to keep coming back (page 1 of 2)

a. Reason to keep coming back

b. Ways to improve

a. Reason to keep coming back

b. Ways to improve

a. Reason to keep coming back

b. Ways to improve

Ingredients for Spectacular Individual Success

Organizational Ingredient #5: Giving people reasons to keep coming back (page 2 of 2)

c. Other reason to keep coming back

c. Other reason to keep coming back

c. Other reason to keep coming back

c. Other reason to keep coming back

c. Other reason to keep coming back

Ingredients for Spectacular Individual Success

Organizational Ingredient #6: Changing to meet changing needs

- a. Through evaluations, surveys, and talking to people, list their changing physical, mental, and emotional needs.
- b. Determine what changes you must make in order to meet those changing needs.

Ingredients for Spectacular Individual Success

Organizational Ingredient #6: Changing to meet changing needs (page 1 of 3)

Physical needs

a. Changing physical need

b. Ways to meet this new physical need

a. Changing physical need

b. Ways to meet this new physical need

Ingredients for Spectacular Individual Success

Organizational Ingredient #6: Changing to meet changing needs (page 2 of 3)

Mental needs

a. Changing mental need

b. Ways to meet this new mental need

a. Changing mental need

b. Ways to meet this new mental need

Ingredients for Spectacular Individual Success

Organizational Ingredient #6: Changing to meet changing needs (page 3 of 3)

Emotional Needs

a. Changing emotional need

b. Ways to meet this new emotional need

a. Changing emotional need

b. Ways to meet this new emotional need

Ingredients for Spectacular Individual Success

Organizational Ingredients #7: Surviving crises with information and preparation

- a. Describe a crisis that could interrupt your activities.
- b. Determine what information would help you survive that crisis.
- c. Determine what preparations would help you survive that crisis.

Repeat the above steps until you have planned for every possible crisis you can identify.
Talk to other people in the same position or field to help you identify all possible crises.

Ingredients for Spectacular Individual Success

Organizational Ingredient #7: Surviving crises with information and preparation

a. Possible crisis

b. Information

c. Preparation

Ingredients for Spectacular Individual Success

Organizational Ingredient #8: Trusting and listening to seasoned participants

For personal success, seasoned participants are family and friends with whom you have good relationships. For professional success, seasoned participants are people who have participated over months or years in activities with you or activities that you created. Seasoned participants could include customers and clients, employees, volunteers, colleagues, and established professionals in your field.

Personal Success

- a. Ask family and friends what you do well.
- b. Ask family and friends what you could improve.
- c. Identify the steps you will take to use this information for creating more success.

Professional Success

- d. Ask customers and clients what you do well.
- e. Ask customers and clients what you could improve.
- f. Identify the steps you will take to use this information for creating more success.
- g. Ask employees and volunteers what helps them to be effective.
- h. Ask employees and volunteers if anything forces them to be ineffective.
- i. Ask employees and volunteers what they would do to improve the ineffective parts of their jobs.
- j. Identify the steps you will take to use this information for creating more success.
- k. Ask colleagues what you do well.
- l. Ask colleagues what you could improve.
- m. Identify the steps you will take to use this information for creating more success.

Ingredients for Spectacular Individual Success

- n. Ask established professionals what they would do the same if they could start their career over.
- o. Ask established professionals what they would do differently if they could start their career over.
- p. Identify the steps you will take to use this information for creating more success.

Balance the suggestions against your own experience and what feels right for you. My spine was injured in 1963 when a boy in school pulled my chair out from under me. Over the years, I received at least five different diagnoses and medical treatments for my injury, but ended up disabled and in daily pain as an adult. For speaking engagements I needed a stool because I could not stand without pain. I always carried a back pillow for sitting against as well as other props for easing the pain in my spine. I would tell audiences about the accident and ask them to tell any children in their lives to never pull a chair out from under anyone.

In 1996, an established professional speaker watched a tape I had made of one of my talks. She told me I should not talk about my spinal injury. I could almost hear something telling me I should keep talking about my injury to all of my audiences. A few months later I had a speaking engagement in which I again talked about my injury. A nurse in the audience came up to me after my talk and gave me the correct diagnosis for the injury. Five weeks later I received the correct treatment for the injury, ending thirty-three years of pain in my spine.

Four of the medical professionals who treated me paid far too little attention to what I said about my pain. The one who listened still missed the correct diagnosis, but did make an important observation about my pain — that the pain worsened when I put weight on my spine, which included standing. If I had also ignored myself by following the advice of the established professional speaker, I would probably be in pain so severe that I would be unable to do anything at all. I certainly could not have made my documentary.

Other people can give us good advice at times, but at other times we know what we need better than anyone else. Listening is a learned skill, so learn how to listen to yourself.

Ingredients for Spectacular Individual Success

Organizational Ingredient #8: Trusting and listening to seasoned participants

Personal Success

Family & Friends

Name _____

a. What do I do well?

b. What do I need to improve?

c. Steps for using this information to create more success

Ingredients for Spectacular Individual Success

Organizational Ingredient #8: Trusting and listening to seasoned participants

Professional Success (page 1 of 4)

Customers & Clients Name _____

d. What do I do well?

e. What could I improve?

f. Steps for using this information to create more success

Ingredients for Spectacular Individual Success

Organizational Ingredient #8: Trusting and listening to seasoned participants

Professional Success (page 2 of 4)

Employees & Volunteers Name _____

g. What helps you to be effective?

h. Does anything force you to be ineffective?

i. How would you improve the ineffective parts of your job?

j. Steps for using this information to create more success

Ingredients for Spectacular Individual Success

Organizational Ingredient #8: Trusting and listening to seasoned participants

Professional Success (page 3 of 4)

Colleagues

Name _____

k. What do I do well?

l. What do I need to improve?

m. Steps for using this information to create more success

Ingredients for Spectacular Individual Success

Organizational Ingredient #8: Trusting and listening to seasoned participants

Professional Success (page 4 of 4)

Established Professionals Name _____

n. If you could start your career over again, what would you do the same?

o. If you could start your career over again, what would you differently?

p. Steps for using this information to create more success

Ingredients for Spectacular Individual Success

Organizational Ingredient #9: Surviving conflict with other people

Even if you are self-employed and work alone, you need to be able to survive conflicts with other people. Life can change dramatically, and someone you never wanted to see again can be someone you need to help you succeed. Ask people you are in conflict with to fill out this worksheet. In cases of abuse, alcoholism, drug addiction, mental illness, or criminal behavior, resolving conflicts may not be possible. You may have to limit contact or walk away completely.

- a. Each of you describes the conflict.
- b. Each of you writes your perspective of the conflict.
- c. Identify where the different perspectives can agree.
- d. Identify each concern behind the disagreements.
- e. Determine what could be done to ease each concern behind the disagreements.

*Refer to the behavior style and value information
to help you understand the reasons behind disagreements.*

Ingredients for Spectacular Individual Success

Organizational Ingredient #9: Surviving conflict with other people
(page 1 of 3)

a. Description of conflict

b. Perspective of the reason for the conflict

[illegible]

Ingredients for Spectacular Individual Success

Organizational Ingredient #9: Surviving conflict with other people (page 2 of 3)

c. Where the different perspectives can agree:

1.

2.

3.

4.

5.

6.

Ingredients for Spectacular Individual Success

Organizational Ingredient #9: Surviving conflict with other people (page 3 of 3)

d. Concern behind the disagreement

e. What can be done to ease this concern

d. Concern behind the disagreement

e. What can be done to ease this concern

Financial Ingredient #1: Raising enough money to get started and keep going

This ingredient will primarily have a professional focus, but if you can think of a way to make the focus personal, do so.

- a. Assuming you have written up a budget, estimate how much money you need to get your activities started and list possible money sources.
- b. Estimate how much money you need to keep your activities going and list possible money sources.

Refer to your lists of supportive people, groups, and organizations. Be creative about how they might provide income. Think of income as both direct and indirect. When I finished its documentary, I contacted supportive individuals around the country. I could have asked them to be direct sources of income by purchasing my documentary. Instead, I asked them to be indirect sources of income by asking their libraries to buy my documentary. I also asked people who owned or managed businesses with waiting rooms to leave a copy in the waiting room for customers and clients to borrow. By asking supportive individuals to be indirect sources of income rather than direct sources, I was able to get my documentary and my worksheets into the lives of hundreds of thousands of people without doing a direct mailing to hundreds of thousands of people.

I made another indirect move with several organizations. When I finished the first version of my small group book (*From Pyramids To Circles: Taking Hierarchy Out of Small Groups*) I bought a mailing list from a national organization. I did a direct mailing about my book and got a return of ten percent in sales. I contacted that same organization to tell them about the free PDF downloads. I did not try to sell my documentary, but made sales anyway. I contacted other organizations I had once been part of, just to tell them about the free PDF downloads. Again, sales came in anyway. My indirect method of informing organizations about my free PDF downloads got my worksheets into the lives of far more people than I could have if I had tried any direct method, and gave me the income I needed to keep going.

Ingredients for Spectacular Individual Success

Financial Ingredient #1: Raising enough money to get started and keep going

a. Money needed to get started _____

Possible income source _____

Possible income source _____

Possible income source _____

Possible income source _____

Possible income source _____

Possible income source _____

b. Money needed to keep going _____

Possible income source _____

Possible income source _____

Possible income source _____

Possible income source _____

Possible income source _____

Possible income source _____

Ingredients for Spectacular Individual Success

Financial Ingredient #2: Investing in effective management and staff

This ingredient will primarily have a professional focus, but if you can think of a way to make the focus personal, do so.

- a. Identify each position.
- b. Determine if the primary focus of each position is getting things done or connecting with people.
- c. Identify the background, knowledge, skills, resources, and connections that would be appropriate for the focus of each position.
- d. Determine how much money you need to invest in each position to be able to attract effective people.

*Refer to the behavior style and value information
for matching people to positions.*

Ingredients for Spectacular Individual Success

Financial Ingredient #2: Investing in effective management and staff

a. Position _____

b. _____ Focus on getting things done or _____ Focus on connecting with people

c. Requirements for this position:

Background _____

Knowledge _____

Skills _____

Resources _____

Connections _____

d. Money needed to invest effectively for this position _____

Ingredients for Spectacular Individual Success

Financial Ingredient #3: Satisfying needs and interests

Thinking of needs and interests as physical, mental, and/or emotional will help you identify ways you could satisfy them.

A need is something that is required for success or achievement.

- a. Through evaluations, surveys, and talking to people, determine their physical, mental, and emotional needs.
- b. Identify the ways you are already satisfying their needs.
- c. Determine if you could improve the ways you satisfy their needs.
- d. Look for other ways you could satisfy their needs.

*Refer to the behavior style and value information
for identifying behavior style and value needs.*

An interest is something that creates enjoyment, concern, or curiosity.

- e. Through evaluations, surveys, and talking to people, determine their physical, mental, and emotional interests.
- f. Identify the ways you are already satisfying their interests.
- g. Determine if you could improve the ways you satisfy their interests.
- h. Look for other ways you could satisfy their interests.

*Refer to the behavior style and value information
for identifying behavior style and value interests.*

Ingredients for Spectacular Individual Success

Financial Ingredient #3: Satisfying needs and interests (page 1 of 6)

Physical Needs

a. Physical need

b. Ways you already satisfy this physical need

c. Improving the ways you satisfy this physical need

d. Other ways to satisfy this physical need

Ingredients for Spectacular Individual Success

Financial Ingredient #3: Satisfying needs and interests (page 2 of 6)

Mental Needs

a. Mental need

b. Ways you already satisfy this mental need

c. Improving the ways you satisfy this mental need

d. Other ways to satisfy this mental need

Ingredients for Spectacular Individual Success

Financial Ingredient #3: Satisfying needs and interests (page 3 of 6)

Emotional Needs

a. Emotional need

b. Ways you already satisfy this emotional need

c. Improving the ways you satisfy this emotional need

d. Other ways to satisfy this emotional need

Ingredients for Spectacular Individual Success

Financial Ingredient #3: Satisfying needs and interests (page 4 of 6)

Physical Interests

e. Physical interest

f. Ways you already satisfy this physical interest

g. Improving the ways you satisfy this physical interest

h. Other ways to satisfy this physical interest

Ingredients for Spectacular Individual Success

Financial Ingredient #3: Satisfying needs and interests (page 5 of 6)

Mental Interests

e. Mental interest

f. Ways you already satisfy this mental interest

g. Improving the ways you satisfy this mental interest

h. Other ways to satisfy this mental interest

Ingredients for Spectacular Individual Success

Financial Ingredient #3: Satisfying needs and interests (page 6 of 6)

Emotional Interests

e. Emotional interest

f. Ways you already satisfy this emotional interest

g. Improving the ways you satisfy this emotional interest

h. Other ways to satisfy this emotional interest

Financial Ingredient #4: Creating success for others

If your focus is creating success for yourself personally, you need to create personal success for the people in personal relationships with you.

If your focus is creating more success for yourself professionally, you need to create professional success for people in professional relationships with you.

Thinking of success as physical, mental, and/or emotional will help you identify ways you can create even small successes for others.

*Refer to the behavior style and value information
for ideas about creating success.*

Physical success can include:

- being touched only when they welcome touch
(two of the behavior styles are uncomfortable with touch)
- ergonomic furniture and proper lighting
- adequate sleep, food, water, heat, housing, and health care

Mental success can include:

- repeating what they say until they are sure you understand what they mean
- opportunities to learn
- opportunities to be creative
- opportunities to express thoughts, ideas, insights, and perspectives
- opportunities to make decisions
- opportunities to solve problems
- financial rewards for productive work

Emotional success can include:

- identity as a valuable person
- respect
- dignity
- fairness
- recognition of ideas and suggestions
- recognition of accomplishments
- opportunities to express feelings appropriate to the moment
- respect for decisions to keep feelings within
- encouraging feedback
- honesty expressed with consideration

Beware of individuals who believe they can succeed only if someone else loses, otherwise known as a "Me first" or a "Me only" attitude. "Me first" or "Me only" actions can include:

- keeping or taking the best of anything for themselves
- pushing their own creativity as better than yours
- limiting your ability to express ideas, thoughts, and perspectives
- limiting rewards for you so they have more for themselves

Ingredients for Spectacular Individual Success

- controlling situations, choices, and opportunities
- seeking recognition for themselves while denying recognition to you
- a. For each personal relationship, identify ways to create physical, mental, and/or emotional success.
- b. Ask for feedback on your efforts to create personal success.
- c. For each professional relationship, identify ways to create physical, mental, and/or emotional success.
- d. Ask for feedback on your efforts to create professional success.

Satisfying behavior style and value needs can create success far out of proportion to your efforts and can even create success after years of failure.

My mother tried to kill me when I was very small, so I went through almost every day of my childhood (I knew I was safe on Christmas) not knowing if I would live through the day. I never knew when she might try to kill me again. My mother refused to acknowledge my feelings and my terror of being killed by her made me terrified of expressing any feelings. In my early teens I became a compulsive overeater to keep my feelings stuffed safely inside.

When I moved out on my own I tried a variety of ways to stop overeating. Because I had broken the memory of the murder attempt into separate pieces so I could continue to live with my mother and stay sane, I had no conscious understanding of why I overate. I even started an Overeaters Anonymous chapter in my area, then left it a few months later because it was doing nothing for me.

During those years of repeated failures at ending my overeating, I started writing letters to the local newspaper about issues that were important to me. I received both positive and negative responses, but I was able to enjoy the positive responses and cope with the negative responses. Several years after I started writing those letters, I realized my compulsion to eat was fading away. I have not eaten compulsively since about 1993, and the last time I overate was minor compared to the way I had stuffed myself for more than two decades.

After learning about behavior styles and values I realized that my letters had satisfied both behavior style and value needs. I am now incapable of overeating the way I used to and I feel no need to overeat. I wrote no more than several letters a year, but those letters were enough to satisfy my needs and create a success I had feared would never be possible. The simplest and most effective way to begin helping someone succeed is to satisfy their behavior style and value needs. When those needs are satisfied, they will be able to think about other issues.

I do not promise that all addictions can be overcome just by satisfying behavior style and value needs, but my experience tells me that behavior style and value needs do have to be satisfied before overcoming addictions is even possible.

Ingredients for Spectacular Individual Success

Financial Ingredient #4: Creating success for others (page 1 of 6)

Personal Success

Individual _____

a. Ways to create physical success for this individual

b. Feedback on efforts to create physical success

Ingredients for Spectacular Individual Success

Financial Ingredient #4: Creating success for others (page 2 of 6)

Personal Success

Individual _____

a. Ways to create mental success for this individual

b. Feedback on efforts to create mental success

Ingredients for Spectacular Individual Success

Financial Ingredient #4: Creating success for others (page 3 of 6)

Personal Success

Individual _____

a. Ways to create emotional success for this individual

b. Feedback on efforts to create emotional success

Ingredients for Spectacular Individual Success

Financial Ingredient #4: Creating success for others (page 4 of 6)

Professional Success

Individual _____

c. Ways to create physical success for this individual

d. Feedback on efforts to create physical success

Ingredients for Spectacular Individual Success

Financial Ingredient #4: Creating success for others (page 5 of 6)

Professional Success

Individual _____

c. Ways to create mental success for this individual

d. Feedback on efforts to create mental success

Ingredients for Spectacular Individual Success

Financial Ingredient #4: Creating success for others (page 6 of 6)

Professional Success

Individual _____

c. Ways to create emotional success for this individual

d. Feedback on efforts to create emotional success

Ingredients for Spectacular Individual Success

Emotional Ingredient #1: Creating your project out of your own strong passions

Passion is energy that fuels action.

- a. Describe each strong passion that fuels your actions.
- b. Describe how you renew each passion.
- c. Determine other ways to renew each passion.

Ingredients for Spectacular Individual Success

Emotional Ingredient #1: Creating your project out of your own strong passions

a. Passion

b. How you renew this passion

c. Other ways to renew this passion

Ingredients for Spectacular Individual Success

Emotional Ingredient #2: Giving people ways to act on their beliefs

- a. Through evaluations, surveys, and talking to people, identify their beliefs.
- b. Identify the ways you help people act on their beliefs.
- c. Determine if you could improve the ways you help people act on their beliefs.
- d. Look for other ways you could help people act on their beliefs.

*Refer to the behavior style and value information
for ideas about giving people ways to satisfy beliefs.*

Ingredients for Spectacular Individual Success

Emotional Ingredient #2: Giving people ways to act on their beliefs

a. Belief

b. Ways you help people act on this belief

c. Improving the ways you help people act on their beliefs

d. Other ways to help people act on their beliefs

Ingredients for Spectacular Individual Success

Emotional Ingredient #3: Appealing to the emotions of people who are investing or donating money

- a. If possible, identify the emotional interests of the people who are donating or investing money in your project/business.
- b. Determine how you could appeal to their emotions with sincerity.

*Refer to the behavior style and value information
for ideas about identifying and appealing to emotions.*

Ingredients for Spectacular Individual Success

Emotional Ingredient #3: Appealing to the emotions of the people who are investing or donating money

a. Person investing/donating money _____

Emotional interest

b. Ways you could appeal to this emotional interest with sincerity

a. Person investing/donating money _____

Emotional interest

b. Ways you could appeal to this emotional interest with sincerity

Ingredients for Spectacular Individual Success

Emotional Ingredient #4: Giving people reasons to trust

- a. Through evaluations, surveys, and talking to people, identify the reasons you give people to trust.
- b. Determine if you could improve the reasons you give people to trust
- c. Look for other reasons you could give people to trust.

Ingredients for Spectacular Individual Success

Emotional Ingredient #4: Giving people reasons to trust (page 1 of 2)

a. Reason you give people to trust

b. Ways to improve on this reason to trust

a. Reason you give people to trust

b. Ways to improve on this reason to trust

Ingredients for Spectacular Individual Success

Emotional Ingredient #4: Giving people reasons to trust (page 2 of 2)

c. Other reason to give people to trust

c. Other reason to give people to trust

c. Other reason to give people to trust

c. Other reason to give people to trust

Ingredients for Spectacular Individual Success

Emotional Ingredient #5: Creating fun for everyone who participates

- a. Through evaluations, surveys, and talking to participants, identify the types of fun you create for them.
- b. Determine if you could improve the fun you create for participants.
- c. Look for other types of fun you could create for participants.

Ingredients for Spectacular Individual Success

Emotional Ingredient #5: Creating fun for everyone who participates

a. Types of fun you create for participants

b. Improving the fun you create for participants

c. Other types of fun to create for participants

Ingredients for Spectacular Individual Success

Relationship Ingredient #1: Starting from the relationship you have with yourself

Taking responsibility for how your actions affect your own life:

Living with discomfort in the present for the sake of comfort in the future

Examples:

Eating less in the present for the sake of better health in the future. Quitting smoking in the present for the sake of better health in the future. Spending less money in the present for the sake of financial security in the future. Studying in the present for the sake of a good career in the future. Using energy carefully in the present for the sake of a healthy environment in the future.

Judging other people fairly in the present for the sake of being judged fairly by other people in the future. Talking about other people respectfully in the present for the sake of being talked about respectfully by other people in the future. Treating other people respectfully in the present for the sake of being treated respectfully by other people in the future. (Our behavior towards other people in the present is an invitation for them to behave the same way towards us in the future.)

- a. Write a statement about how you take responsibility for the affect of your actions on your own life.

Taking responsibility for how your actions affect other people:

Living without personal gain at the expense of others

Example:

A Super Bowl winning quarterback chose to live with less money for himself so more money would be available to hire effective players for other positions.

Taking responsibility for how your actions affect other people:

Living with personal discomfort for the sake of others

Example:

As individuals, MREA organizers live with some personal discomfort in order to conserve resources so that others might also have resources. As a group, MREA organizers put time and energy (sometimes exhaustive time and energy) into creating the renewable energy fair for the sake of improving lives around the world.

Ingredients for Spectacular Individual Success

- b. Write statements about how you take responsibility for the effect of your actions on other people.

Taking responsibility for your duty to a belief:

Living a belief by walking the talk of the belief

You cannot hold other people responsible for a duty to your beliefs. You can only hold other people responsible for a duty to their beliefs.

Example:

Before the Civil War, people in the North helped slaves escape from the South. Many “conductors” on what became known as the Underground Railroad helped slaves escape because they believed in the Golden Rule, Do unto others as you would have others do unto you. Their belief meant they had a duty to walk the talk of their belief. These “conductors” would want help escaping slavery if they were slaves, so they felt it was their duty to help slaves escape.

- c. Write a statement about how you take responsibility for your duty to your belief.

Ingredients for Spectacular Individual Success

Relationship Ingredient #1: Starting from the relationship you have with yourself
(page 1 of 4)

- a. Taking responsibility for how my actions affect my own life

Living with discomfort in the present for the sake of comfort in the future

[illegible]

Ingredients for Spectacular Individual Success

Relationship Ingredient #1: Starting from the relationship you have with yourself
(page 2 of 4)

- b. Taking responsibility for how my actions affect other people

Living without personal gain at the expense of others

[illegible]

Ingredients for Spectacular Individual Success

Relationship Ingredient #1: Starting from the relationship you have with yourself
(page 3 of 4)

- b. Taking responsibility for how my actions affect other people

Living with personal discomfort for the sake of others

[illegible]

Ingredients for Spectacular Individual Success

Relationship Ingredient #1: Starting from the relationship you have with yourself
(page 4 of 4)

- c. Taking responsibility for my duty to my belief

Living my belief by walking the talk of my belief

[illegible]

Ingredients for Spectacular Individual Success

Relationship Ingredient #2: Building on your relationships, past and present

- a. For each individual, group, or organization you have worked with successfully, identify the strengths of the relationship.
- b. Identify strategies for building on the strengths of the relationship in ways that create success for both parties.
- c. For each individual, group, or organization you have worked with successfully, identify the weaknesses of the relationship.
- d. Identify strategies for counteracting the weaknesses of each relationship in ways that create success for both parties.
- e. Ask the other party for their perspective on your success together and your ideas for creating more success with them.

Ingredients for Spectacular Individual Success

Relationship Ingredient #2: Building on relationships between group members past and present (page 1 of 3)

Individual, group, or organization _____

a. The strengths of this relationship

b. Strategies for building on the strengths in ways that create success for both parties

Ingredients for Spectacular Individual Success

Relationship Ingredient #2: Building on relationships between group members past and present (page 2 of 3)

Individual, group, or organization _____

c. The weaknesses of this relationship

d. Strategies for counteracting the weaknesses in ways that create success for both parties

Ingredients for Spectacular Individual Success

Relationship Ingredient #2: Building on relationships between group members
past and present (page 3 of 3)

Individual, group, or organization _____

- e. The other's perspective on my ideas for creating more success

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Relationship Ingredient #3: Redefining relationships by passing power to others

Passing power to others means providing responsibilities and opportunities that allow people to take action on their own.

The MREA passes power to others in at least three ways:

- Giving individuals the responsibility to use their own background, knowledge, skills, resources, and connections for putting approved ideas into action, with support from the MREA
- Giving volunteers opportunities to problem solve on their own using the background knowledge, skills, resources, and connections they acquired while working at the renewable energy fair
- Giving volunteers responsibilities and opportunities for passing their background, knowledge, skills, resources, and connections to fair visitors

*Refer to the behavior style and value information
for ideas about passing power in ways that fit an individual's behavior style and values.*

*Refer to the book From Pyramids To Circles
for examples of how redefining relationships by
passing power to others creates more success.
Projected publication is 2013.*

Personal

Passing power to individuals for personal success means figuring out what they need to put their own ideas into action, to work toward a goal, and to solve their own problems.

- a. Identify the background, knowledge, skills, resources, or connections an individual needs to put an idea into action, to work toward a goal, or to solve a problem.
- b. Provide opportunities for the individual to develop what they need. This will be most effective if you can find a way to make the process fun.
- c. Provide opportunities for the individual to pass their background, knowledge, skills, resources, and connections to others.

Ingredients for Spectacular Individual Success

Professional

Passing power to individuals and groups for professional success means following the examples of the MREA. Passing power to others meant more success for the MREA and it can mean more success for you.

- d. Once an idea has been approved, identify which responsibilities you can give to the idea people or group so that they can use their own background, knowledge, skills, resources, and connections for putting their ideas into action, with support from you.
- e. Identify opportunities you can give individuals and groups to solve problems using the background, knowledge, skills, resources, and connections they developed working with you.
- f. Give individuals and groups responsibilities and opportunities for passing the power of background, knowledge, skills, resources, and connections to others.

My documentary is an example of two other ways to pass power to others – the power of support and the power of connection. The MREA staff, several founding members, energy fair vendors, energy fair instructors, and energy fair volunteers passed the power of support for independent projects to me. The MREA passed the power of connection to me.

After the eighth fair, I announced that I was going to make a documentary about the fair. It was my idea and since my involvement with the MREA was to volunteer at the energy fair one weekend a year, the documentary was an independent project. I could not have made the documentary without the support of everyone involved with the MREA. Some of the founding members and some of the board members barely knew me when I started shooting footage, but all of them participated without questioning anything. They also gave me full access to anything I wanted to tape during the 1998 and 1999 fairs. Most of the vendors and instructors who participated in my documentary did not know me at all until I asked them to participate. The volunteers in my documentary were mostly people I knew, so it was easier for them to pass me the power of support. No one questioned my ability to make the documentary. No one questioned my exact plans for the documentary.

The MREA passed the power of connection to me by using their connection to Ralph Nader to ask permission for me to use parts of his keynote speech in my documentary. Had I written to Mr. Nader to ask for permission myself, he would not have known who I was. Because he knew who the MREA was and because someone who worked at his foundation had been an MREA board member, he gave his permission for someone he did not know to use him in a documentary he knew nothing about. I taped Mr. Nader's press conference before his keynote speech and I taped his keynote speech, but I did not talk to him myself.

I am an ordinary person, but my documentary is an example of what ordinary people can accomplish when other people pass them the power of support for independent projects and the power of connection. Think about the ways you can pass power to others. Their success can reflect on you and create more success for you.

Ingredients for Spectacular Individual Success

Relationship Ingredient #3: Redefining relationships by passing power to others (page 1 of 2)

Personal idea, goal, or problem _____

- a. Necessary background, knowledge, skill, resources, and/or connections

- b. Opportunities to develop what is necessary

- c. Responsibilities and opportunities for passing the power they have developed to others

Ingredients for Spectacular Individual Success

Relationship Ingredient #3: Redefining relationships by passing power to others (page 2 of 2)

Approved professional decision _____

- d. Necessary background, knowledge, skill, resources, and/or connections for putting this idea into action

- e. Opportunities to problem solve for this decision

- f. Responsibilities and opportunities for passing the power they have developed to others

Ingredients for Spectacular Individual Success

Relationship Ingredients #4: Renewing relationships for everyone who participates

Renewing relationships recharge physical, mental, and/or emotional energy
for both people in the relationship.

The MREA renews relationships through task activities, social activities, and group events. Task activities through the MREA include volunteering before, during, and after the renewable energy fair. Social activities include a dinner for hardcore volunteers, exhibitors, MREA staff, and MREA board members right before the fair. Group events besides the fair include educational workshops and projects to upgrade the MREA fairgrounds, campgrounds, and facilities. Task activities and social activities can be combined through the MREA's online discussion forums on more than a dozen topics. For more information, visit www.the-mrea.org.

- a. Identify the task activities, social activities, and group events that give the people you know opportunities to renew relationships with each other.
- b. Through evaluations, surveys, and talking to people, determine if you need to improve those opportunities in any way.
- c. Determine if you could provide other opportunities for participants to renew their relationships.

Ingredients for Spectacular Individual Success

Relationship Ingredient #4: Renewing relationships for everyone who participates (page 1 of 4)

Task Activities

a. Task activities that renew relationships

b. Improving task activities to encourage renewing relationships

Ingredients for Spectacular Individual Success

Relationship Ingredient #4: Renewing relationships for everyone who participates (page 2 of 4)

Social Activities

a. Social activities that renew relationships

b. Improving social activities to encourage renewing relationships

Ingredients for Spectacular Individual Success

Relationship Ingredient #4: Renewing relationships for everyone who participates (page 3 of 4)

Group Events

a. Group events that renew relationships

b. Improving group events to encourage renewing relationships

Ingredients for Spectacular Individual Success

Relationship Ingredient #4: Renewing relationships for everyone who participates
(page 4 of 4)

c. Other opportunities for renewing relationships

[illegible]

**Relationship Ingredient #5: Nurturing the relationship other people have
with themselves**

The MREA nurtures the relationships fair visitors have with themselves by providing them with new background experiences, new knowledge, opportunities to learn new skills, resources for satisfying needs and interests, and connections for help in making life changes. The MREA provides participants with a wide variety of choices in fun and supportive surroundings.

Needs of background, knowledge, skills, resources, and connections will vary according to each particular situation and the people involved in the situation.

*Refer to the behavior style and value information
for insights into the needs of the person you want to nurture*

**Giving individuals what they need to take responsibility for how their actions affect their own lives:
Living with discomfort in the present for the sake of comfort in the future**

Example:

Eating less in the present for the sake of better health in the future. Quitting smoking in the present for the sake of better health in the future. Spending less money in the present for the sake of financial security in the future. Studying in the present for the sake of a good career in the future. Using energy carefully in the present for the sake of a healthy environment in the future.

Judging other people fairly in the present for the sake of being judged fairly by other people in the future. Talking about other people respectfully in the present for the sake of being talked about respectfully by other people in the future. Treating other people respectfully in the present for the sake of being treated respectfully by other people in the future. (Our behavior towards other people in the present is an invitation for them to behave the same way towards us in the future.)

- a. Identify the background, knowledge, skills, resources, and connections that people need to be able to take responsibility for how their actions affect their own lives.
- b. Identify what you could do to provide the necessary background, knowledge, skills, resources, and connections in fun and/or supportive surroundings.

Ingredients for Spectacular Individual Success

Giving individuals what they need to take responsibility for how their actions affect other people:

Living without personal gain at the expense of others

Living with personal discomfort for the sake of others

See examples, Relationship Ingredient #1.

- c. Identify the background, knowledge, skills, resources, and connections that people need to be able to take responsibility for how their actions affect other people.
- d. Identify what you could do to provide the necessary background, knowledge, skills, resources, and connections in fun and/or supportive surroundings.

Giving individuals what they need to take responsibility for their duty to a belief:

Living their belief by walking the talk of their belief

You cannot hold other people responsible for a duty to your beliefs. You can only hold other people responsible for a duty to their beliefs.

See example, Relationship Ingredient #1.

- e. Identify the background, knowledge, skills, resources, and connections that people need to be able take responsibility for their duty to a belief.
- f. Identify what you could do to provide the necessary background, knowledge, skills, resources, and connections in fun and/or supportive surroundings.

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 1 of 12)

Nurturing people to take responsibility for how their actions affect their own lives:
Living with discomfort in the present for the sake of comfort in the future

Living with discomfort in the present...

...for the sake of comfort in the future

a. The necessary background for living with discomfort

b. Ways you can provide the necessary background with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 2 of 12)

Nurturing people to take responsibility for how their actions affect their own lives:
Living with discomfort in the present for the sake of comfort in the future

- a. The necessary knowledge for living with discomfort

- b. Ways you can provide the necessary knowledge with fun and/or support

- a. The necessary skills for living with discomfort

- b. Ways you can provide the necessary skills with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 3 of 12)

Nurturing people to take responsibility for how their actions affect their own lives:
Living with discomfort in the present for the sake of comfort in the future

- a. The necessary resources for living with discomfort

- b. Ways you could provide the necessary resources with fun and/or support

- a. The necessary connections for living with discomfort

- b. Ways you could provide the necessary connections with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 4 of 12)

Nurturing people to take responsibility for how their actions affect other people
Living without personal gain at the expense of others

Living without personal gain...

...at the expense of others

c. The necessary background for living without personal gain

d. Ways you could provide the necessary background with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 5 of 12)

Nurturing people to take responsibility for how their actions affect other people
Living without personal gain at the expense of others

- c. The necessary knowledge for living without personal gain

- d. Ways you could provide the necessary knowledge with fun and/or support

- c. The necessary skills for living without personal gain

- d. Ways you could provide the necessary skills with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 6 of 12)

Nurturing people to take responsibility for how their actions affect other people
Living without personal gain at the expense of others

- c. The necessary resources for living without personal gain

- d. Ways you could provide the necessary resources with fun and/or support

- c. The necessary connections for living without personal gain

- d. Ways you could provide the necessary connections with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 7 of 12)

Nurturing people to take responsibility for how their actions affect other people
Living with personal discomfort for the sake of others

Living with personal discomfort...

...for the sake of others

c. The necessary background for living with personal discomfort

d. Ways you could provide the necessary background with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 8 of 12)

Nurturing people to take responsibility for how their actions affect other people
Living with personal discomfort for the sake of others

- c. The necessary knowledge for living with personal discomfort

- d. Ways you could provide the necessary knowledge with fun and/or support

- c. The necessary skills for living with personal discomfort

- d. Ways you could provide the necessary skills with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 9 of 12)

Nurturing people to take responsibility for how their actions affect other people
Living with personal discomfort for the sake of others

- c. The necessary resources for living with personal discomfort

- d. Ways you could provide the necessary resources with fun and/or support

- c. The necessary connections for living with personal discomfort

- d. Ways you could provide the necessary connections with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 10 of 12)

Nurturing people to take responsibility for their duty to their belief

Living their belief...

...by walking the talk of their belief

e. The necessary background for living this belief

f. Ways you could provide the necessary background with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 11 of 12)

Nurturing people to take responsibility for their duty to their belief

e. The necessary knowledge for living this belief

f. Ways you could provide the necessary knowledge with fun and/or support

e. The necessary skills for living this belief

f. Ways you could provide the necessary skills with fun and/or support

Ingredients for Spectacular Individual Success

Relationship Ingredient #5: Nurturing the relationship other people have with themselves (page 12 of 12)

Nurturing people to take responsibility for their duty to their belief

e. The necessary resources for living this belief

f. Ways you could provide the necessary resources with fun and/or support

e. The necessary connections for living this belief

f. Ways you could provide the necessary connections with fun and/or support
