

Aura Diary Page

Aura owner _____

Aura reader _____

Date _____

Time _____

Location _____

Weather _____

Most recent activity _____

Physical health _____

Emotional health _____

Mental state _____

Injuries? _____

Legal drugs? _____

Illegal drugs? _____

Alcohol? _____

Nicotine? _____

Eating disorder? _____

Personal conflicts? _____

Job conflicts? _____

Aura seems: Close to the body Extended from the body