

Negative Words With Wallop 2017

“Ending modern conflicts driven by ancient wrongs”

The Monitor’s View

The Christian Science Monitor Weekly

November 7, 2016, page 33.

<https://www.csmonitor.com/Commentary/the-monitors-view/2016/1019/Ending-modern-wars-driven-by-ancient-wrongs>

Or a leader might stoke the embers of ancient victimhood to divert attention, to stay in power, or to justify violence. The head of Islamic State, Abu Bakr al-Baghdadi, seeks to restore a medieval-period Islamic caliphate by savage means in order to end what he claims is an history of ‘humiliation, disgrace, degradation, subordination, loss, emptiness ...’ for Muslims.

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“Humiliation”

Sarah Rosenberg

Beyond Intractability

July 2003

<http://www.beyondintractability.org/essay/essay/Humiliation>

A leading researcher on humiliation, Dr. Evelin Lindner, defines humiliation as "the enforced lowering of a person or group, a process of subjugation that damages or strips away their pride, honor or dignity." Further, humiliation means to be placed, against ones will, in a situation where one is made to feel inferior. "One of the defining characteristics of humiliation as a process is that the victim is forced into passivity, acted upon, made helpless." Johan Galtung, a leading practitioner, agrees with Lindner that the infliction of humiliation is a profoundly violent psychological act that leaves the victim with a deep wound to the psyche.

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“Humiliation As A Pathway To Violence”

Professor Vamik Volkan

No Date

<http://www.bbctransgenerational.com/humiliation.pdf>

xs“History is filled with examples of nations that have been humiliated and violated, where subsequent generations, years and decades later, seek revenge in an effort to reclaim lost honour and restore the wounded self. Psychoanalyst and psychohistorian Howard Stein writes: “What cannot be contained, mourned, and worked through in one generation is transmitted, for the most part unconsciously, as affect, mission, and task to the next generation.” Vamik Volkan refers to it as an amalgam of ‘deposited representation’. Psychologists and psychohistorians refer to this process as an ‘enactment’.

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“Humiliation, Real Pain, A Pathway to Violence”

(Preliminary Draft)

Linda Hartling, Ph.D.

Wellesley Centers for Women at Wellesley College

<http://www.humiliationstudies.org/documents/hartling/HartlingNY05meetingRT2.pdf>

While Eisenberg and others examine neural activity during periods of social pain induced by social exclusion, other researchers are exploring the impact of social exclusion on other behavior. In six studies, Baumeister (2005) and his colleagues found that excluded or rejected individuals experienced decrements in self-regulation, measured by assessing research participants' ability to make healthy choices, their ability to avoid unhealthy choices, and their tendency to “give up” when asked to perform a frustrating task. In another series of studies, Twenge, Cantanese, and Baumeister (2002) noted that people who were told that they would be facing a “future alone,” versus a “future belonging” or a future of misfortune, took greater risks and were more likely to engage in self-defeating behavior.

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“To work, Mideast peace must first address daily concerns”

Matthew Long, Daphna Canetti, and Nancy Hite-Rubin

*The Christian Science Monitor Weekly*

May 5, 2014, page 35.

<https://www.csmonitor.com/Commentary/Opinion/2014/0428/To-work-Mideast-peace-must-first-address-daily-concerns>

Our research suggests that exposure to checkpoints increases support for violence. Palestinians subject to checkpoint easement became significantly less likely to support violence against Israel. At the same time, areas more densely filled with checkpoints became increasingly radical. The driving force behind these attitudes was feelings of humiliation.

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“The Violence of Humiliation”

Courtney E. Martin

On Being Blog

September 10, 2014

<https://onbeing.org/blog/the-violence-of-humiliation/>

So many NFL players, so many men, carry the festering wound of having been abused themselves. As has so often been said, hurt people hurt people. It's not until we reveal those wounds, examine them, heal them, that we will actually see a shift in male-perpetrated violence of so many kinds.

No amount of humiliation can accomplish that, and in fact, *any amount* of humiliation will prevent it. People may make themselves feel better as they tweet away about what a monster Ray Rice is, but they are actually increasing injury in the process.

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